

**SSWSC/USTSA Telemark Race
Steamboat Springs, Colorado
January 1st, 2015**

Events: Two GS Races

USTSA points will be calculated for these two races. The race hill lacks the required vertical and therefore a penalty will be added to the USTSA points calculation.

Wednesday- Jan 1, 2014@Howelsen Hill

0830-0930hrs: Registration

0830-0930hrs: gatekeepers video talk, sync timers watches etc., volunteer, officials meetings

0930hrs: Coach and athlete meeting Olympian Hall

1000 hrs: Lifts, barrier set, warm up and course set(no warm up course)

10-1100hrs: Inspection and Jump Practice

1200hrs: Start First Run Race # 1

1230hrs: Start Second Run Race # 1

1300hrs: Break for volunteers and lunch

1400hrs: Start First Run Race # 2

1430hrs: Start Second run Race #2

1500hrs :Tear down, clean up by all racers and staff!

1530hrs: Awards

All times are approximate! Be flexible! We will adjust times and announce them over PA

Time frame may either be delayed or accelerated

If weather or time becomes an issue, we will only do one race with refunds forthcoming.

May have same race course set for all four runs with redress if time is constrained

Registration Procedure:

Complete all forms and waivers with payment the morning of the race in Fireplace Room.

or

Complete all forms and waivers with payment and send via to:

fax (970)879-7993

or mail to PO Box 774487 Steamboat Springs CO 80477

or Check in at Race Headquarters in at Howelsen Hill Lodge from 0830hrs to 0930hrs

Information:

Additional information available at sswsc.org or ustsa.org

or email corpupson@yahoo.com

Chief of Race: Ty Upson (970)846-0548

TD: Ken Gay

Volunteer Coordinator: Kathy McKinstry

Volunteers: all parents mandatory!

Chief of Timing: Laura Foulk

Chief Gate Keeper: Jeanie Visnick

Race Administrator:

Jump Judge: Roy McKinstry

Chief of Course: John Walters, Ty Upson

Piste chef: Charlie Dresen and Ty Upson

Cost:

\$30 Race fee per race plus lift ticket at Howelsen Hill for \$25

Awards:

Top three in each division per sex.

Rules:

All FIS Telemark and USTSA rules and penalties will be in effect for telemark form and jump form and distance. No lift line cutting. Bibs must be visible for inspection and worn for practice jump. One jump mandatory for practice, additional jumps and multiple inspections ok within time.

Race Configuration:

2 runs, GS gates with jump. Gates are 27mm double poled flex gates with red and blue alternating panels. GS gates and jump only for GS. Turns and jump judged. Telemark "free" gates are yellow(not judged on form). Jump lines will be dyed. Helmets recommended to conform to USTSA and FIS rules. Ride the Poma. Speed suits ok.

Categories:

Elite – must have USTSA membership to compete in this category. Bib draw for top 15 men and women.

Under Twelve (U12)Male and Female

Under 17 (U17)Male and Female

Citizen/Masters: Open to anyone

Race Headquarters Locations:

Olympian Hall

Howelsen Hill Lodge

845 Howelsen Parkway

Downtown Steamboat Springs, Colorado

Turn on 5th Street, cross the bridge and railroad tracks and take a right at the T in the road.

Follow through one stop sign and enter the parking area. Find a parking spot and walk up to Howelsen Hill Lodge. The lodge is the largest brown building with the flags on top. Head upstairs to Olympian Hall.

Other:

SSWSC Annual Christmas Camp available before race. Dec 28-312013.Cost:\$50 a day plus lift ticket (\$45/day Mt Werner and \$25/day at Howelsen Hill . Training times and location TBD but will include free skiing, drills, XC skating jumping work, video and gates.

Vertical:143m with 20-25 GS turning poles on race piste. Small jump at knoll half way down

Waxing available in Howelsen Hill lodge

XC trails are available with lift ticket

Medical Plan: Howelsen Hill Ski Patrol on hill, brought to Steamboat Fire and Rescue Ambulance to Yampa Valley Medical Center

Official Bulletin Board: Outside Olympian Hall

Forerunners will be used

Slipping is continuous by race crew and no skiing inside race arena, designated with closure