

USTSA BOD Conference Call Minutes  
August 27, 2012

Present: Russ Hobbs-President, Al Rosenthal-Treasurer, Eric Lamb, Vice President, Paul Lamb

Absent: Josh Lanzetta, Ken Gay

1. Minutes of 7-10-12 Meeting approved
2. We did not have a quorum for our 8-12-12 call, so we approved the following actions via email vote:
  - a. USTSA will pay for Jim Stein's lodging while attending the FIS Fall meeting if FIS will not reimburse him.
  - b. We approved FlyLow as our uniform sponsor for all teams, including the Regional Team.
3. Competition Guide – We reviewed and approved the proposed changes with the following open issues needing further discussion:
  - a. 7.1.1 and 8.1.1 Do we really want to implement the USSA helmet rule for all classes of racers? Suggestion made that the requirement for ear coverage and spoilers / edges be limited to Expert class racers only. *The suggested addition is in italics.*  
Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all USTSA events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS98. *For competitors in the Expert classification, helmets must cover the head and ears and helmets with spoilers or edges that stick out are not permitted in the Expert classification.* Protective features integral to the discipline being contested, such as chin guards on slalom helmets are permitted.
  - b. Do we need to include a Concussion policy in section 7.1 of the Competition Guide? The USSA policy is included below.
  - c. Paul suggested that we needed to clarify that the skier must “cross his tracks” in the 360. The following is from the FIS ICR and *the suggested addition to 7.5.6.1 is in italics.*
    - i. A 360 is defined as follows: the competitor shall turn 360 degrees around an internal obstacle and at the end of the turn cross his own tracks. The outer diameter of the noose shall be from 5 m to 8 m. There is no judging in the 360.  
7.5.6.1 The Noose is a 360° turn around an internal obstacle that should be placed once or twice in the classic course. *The competitor shall turn 360 degrees around an internal obstacle and at the end of the turn cross his own tracks.* Nooses are often used in-between other course sections where dumping speed may be preferred such as at the beginning of the cross-country skate.
4. Team Call scheduled for September 12
  - a. Topics to include sponsorships or reach out efforts, uniforms, training,
5. Next BOD call scheduled for Monday September 17 at 6:30 MT

Carry forward Items

6. Uniform updates

- a. Simplified Logo
- b. Screening option in Colorado
- c. Scarpa sponsorship status. B, D and Regional team members are looking for purchase codes.

7. Race Schedule Ideas

**USSA Concussion Policy for Members**

Any USSA athlete under the age of 18 years suspected of having sustained a concussion/ traumatic brain injury must be removed immediately from participation in USSA sporting event (e.g. sanctioned training, practice, camps, competitions or tryouts), by the Technical Delegate or USSA member coach overseeing such sporting event. The minor athlete will be prohibited from further participation until evaluated and cleared in writing to resume participation in USSA sporting events by a qualified health care provider trained in the evaluation and management of concussive head injuries. The health care professional must certify to USSA in the clearance letter that he/she has successfully completed a continuing education course in the evaluation and management of concussive head injuries within three years of the day on which the written statement is made. Upon removal of a minor athlete from participation for a suspected concussion/traumatic brain injury, the USSA TD or member coach making the removal must inform USSA Competition Services. Athletes who have subsequently been medically cleared to resume participation must provide such medical clearance (as described above) to USSA Competition Services in order to be permitted to participate in USSA sporting events.

**About Concussion**

A concussion is a type of traumatic brain injury (TBI) caused by a bump, blow, or jolt to the head. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth. Doctors may describe a concussion as a “mild” brain injury because concussions are usually not life-threatening. Even so, their effects can be serious.

**Risk of Continued Participation**

A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death. The USSA recommends that Members review the Center for Disease Control’s resources on concussion awareness at the following link:  
[http://www.cdc.gov/concussion/HeadsUp/online\\_training.html](http://www.cdc.gov/concussion/HeadsUp/online_training.html)

By his/her signature below, **MEMBER CERTIFIES THAT HE/SHE HAS READ AND UNDERSTOOD THIS AGREEMENT**, and agrees in full with its terms, intend that it be binding on Member, his/her heirs, executors, administrators and assigns, and that it remain in full force and effect for as long as Member participates in USSA training, competition and related programs and activities..

**MEMBER**

Signature: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Printed name: \_\_\_\_\_ Member No.: \_\_\_\_\_ Date Signed: \_\_\_\_\_

**SIGNATURE OF PARENT OR GUARDIAN REQUIRED BELOW FOR MINOR\*\*\* MEMBERS**

As the parent or guardian of the minor Member named above, I hereby make and enter into each and every agreement, representation, waiver and release described above on behalf of myself, the Member, and any other parent or guardian of the Member, intending that they be binding on me, the Member, and our respective heirs, executors, administrators and assigns.

Parent or guardian’s signature

Printed name \_\_\_\_\_

Date \_\_\_\_\_