

## USTSA Race Sanctioning and Organizing

Dear Organizer,

Thank you for considering organizing a sanctioned US Telemark Ski Association event. The benefits of hosting a sanctioned event are:



- Use of the USTSA name and logo on your advertising
- Advertisement for your event through our website and newsletter with a Link from our Website to your event
- Assistance organizing the race through use of the USTSA Competition Guide and Organizer Guide and a USTSA single point of contact as a resource
- Participants may earn USTSA points if properly licensed at the time of the race
- Increased likelihood that USTSA race team members will attend due to ability to earn points
- USTSA carries \$3M dollars of liability coverage for sanctioned events. Host resorts may request to be named as an additional insured

In return, the race organizer and resort will provide the following:

- Follow the rules set forth in the USTSA Competition Guide and Organizer Guide
- Complete the Sanctioning Agreement Form for USTSA included in this package and submit it with \$250 sanctioning fee
- Assure that all participants and volunteers sign the USTSA Assumption of Risk (waiver) form
- Assure that no inverted aerials will be permitted in the event
- Notify USTSA in a timely manner of any accidents requiring ski patrol or medical assistance
- Have USTSA membership forms available at registration
- Provide a USSA official to sign off that the race was held in accordance with the guidelines
- Return signed waiver forms, completed USTSA membership forms with payment and race results within 14 days of event

In order for us to sanction your event, we request that a signed copy of the attached Sanctioning Agreement form and \$250 payment be received by USTSA, c/o Sarah Carley & Devon Wright, Co-Presidents, 4 Northrup Drive, Brentwood, NH 03833, no later than 6 weeks prior to your event. Earlier deliver of the paperwork will allow more time for USTSA to publicize your event through our website and email newsletters.

Also attached is a list of forms or documents to help you plan and run your race along with the links to these forms on our website, [www.ustsa.org](http://www.ustsa.org) in the Racing menu section.

Sarah Carley & Devon Wright  
USTSA Co-Presidents  
[sarah@ustsa.org](mailto:sarah@ustsa.org)  
[devon@ustsa.org](mailto:devon@ustsa.org)

## USTSA FORMS AND DOCUMENTS FOR RACE ORGANIZERS



Following are the forms or documents you need to make your race successful. These documents are available online at [www.ustsa.org](http://www.ustsa.org).

### ◆ **Sanctioning Agreement – attached**

This is the agreement between the Race Organizer and USTSA is required before USTSA will sanction a race and list the race on our policy. This form and \$250 sanctioning fee must be submitted to by USTSA, c/o Sarah Carley & Devon Wright, Co-Presidents, 4 Northrup Drive, Brentwood, NH 03833, no later than 6 weeks prior to the sanctioned event.

### ◆ **USTSA Competition Guide and Organizer Guide**

This guide provides information about the requirements for each type of race, the responsibilities of the race organizer, chief of race, judges, timing, etc.

### ◆ **USTSA Waiver – Assumption of Risk and Release of Liability**

This form must be signed by each participant and volunteer. Within 14 days of the race, the signed copies must be mailed to by USTSA, c/o Sarah Carley & Devon Wright, Co-Presidents, 4 Northrup Drive, Brentwood, NH 03833.

### ◆ **Accident/Incident Reporting Procedures**

All accidents or incidents at the event in which ski patrol or any other form of medical attention are provided must be reported to USTSA or our claims representative. Reporting should be immediately (24 hours) in the case of a serious injury and within 5 days for minor injuries. Copies of all paperwork relating to the accident must be mailed to by USTSA, c/o Wioleta Fedeczko-Treasurer, 2288 Alaska Avenue, Provo, UT 84606

### ◆ **Competitor Responsibility Code & Rules of Competition**

This is a 2-page information sheet covering the key rules of competition for new competitors who are not familiar with the USTSA racing rules. These should be made available for competitors at registration. A copy of the USTSA Competition Guide and Organizer Guide should also be available so that racers and organizers have access to all the rules.

### ◆ **USTSA Membership Forms**

Membership forms must be available at registration so that participants can purchase a membership prior to racing if they want to have points calculated or just want to support USTSA with a membership. Completed forms and payment must be mailed within 14 days of the race USTSA, 4 Northrup Drive, Brentwood, NH 03833



### ◆ Gate Judge Form

This form is to be used for all judges except the jump judge. See the Sample judge form below. The Chief of Judges will instruct each judge regarding their responsibilities and will train them regarding the rules based on the Gate Judging section 4000 in the USTSA Competition Guide and Organizer Guide.

### ◆ Gate Judge Sample Form

This is a sample of how the judge forms should be completed. All bib numbers who pass before a judge should be placed in the left hand column. All gate numbers assigned to a judge should be entered in the first row of the form. A judge will optimally have no more than 3 gates, but some races may have more. All information the top of the form should be completed ON EACH PAGE used by the judge.

### ◆ Jump Judge Form

This form will be used by the Jump Judge. The Chief of Judges will instruct the jump judge regarding their responsibilities and will train them regarding the rules based on the Gate Judging section 4000 in the USTSA Competition Guide and Organizer Guide.

### ◆ USTSA Penalty Calculation Master Worksheet

This Excel worksheet is used to tally the penalties from each of the judging sheets and then total all the penalties prior to entering the penalties onto the Master Minutes Input Form. Instructions for completing this form are on an instructions tab within the worksheet.

### ◆ USTSA Race Results Master Minutes Input Worksheet

This Excel worksheet is where the racer times and penalties are entered and then sorted to create a 2<sup>nd</sup> run start list (at US Nationals, not necessary at local/regional races) and for final results. These results must be mailed or emailed within 14 days of the race to Sarah Carley & Devon Wright, Co-Presidents, 4 Northrup Drive, Brentwood, NH 03833 or [sarah@ustsa.org](mailto:sarah@ustsa.org), [devon@ustsa.org](mailto:devon@ustsa.org)

### ◆ Planning a Race Event Worksheet

These Excel worksheets are optional but may help a new race organizer to plan the finances of their race and identify those responsible for each function required to put on the race/event. There are 2 worksheets contained in this file.

## United States Telemark Ski Association Sanctioning Agreement



This agreement is made and entered into by and between the United States Telemark Ski Association (hereinafter referred to as USTSA), and the event organizer shown on this Agreement (hereinafter referred to as the Organizer. The Consideration for this Agreement shall be the payment of the fees and the performance by the parties of the terms herein provided.

### **The Organizer agrees to the following:**

1. The event will follow the rules set forth in the current USTSA Organizer Guide and Competition Guide. If this is a Federation of International Skiing (FIS) World Cup event, the FIS Rules shall apply.
2. This Sanctioning Agreement will be submitted to USTSA with the fee of \$250 no later than 6 weeks prior to the event.
3. The Event Organizer shall pay all costs and expenses of the Event.
4. All participants and all volunteers must sign the USTSA Assumption of Risk form prior to their participation. Parents must sign the form if the participant is younger than 18 years of age.
5. Assure that no inverted aerials will be permitted in the event as our insurance expressly excludes them.
6. Organizer and Host Resort accept USTSA's \$3M liability coverage for this event. Please note that this does not cover the participants or volunteers in case of injury. It covers USTSA and the additional insured's for claims of liability.
7. Preparation of the courses will be the responsibility of the Organizer and shall be negotiated with the Host Resort.
8. Have USTSA membership forms available at registration.
9. Notice of postponement, change or cancellation shall be made in a timely fashion to USTSA.
10. Return the signed USTSA Assumption of Risk Forms, completed USTSA membership forms with payment, and race results within 14 days of the event.
11. All incidents and accidents will be reported to USTSA or our Insurance Claims Representative in a timely manner and appropriate paperwork will be submitted as requested.

### **USTSA agrees to the following:**

1. Organizer may use the USTSA name and logo on for advertising this event.
2. Advertising for this event will be provided through the USTSA website and email newsletters.
3. A link will be provided from the USTSA website to this event website.
4. Provide assistance organizing this race through the use of the USTSA Organizer Guide and Competition Guide, Planning a Race Event Worksheet and a USTSA single point of contact as a resource.
5. Points for USTSA members at the time of the race will be calculated by USTSA following the race.
6. Provision of \$3M of liability coverage for USTSA and additional insured(s). Details of insurance coverage will be provided upon request.

**United States Telemark Ski Association  
Sanctioning Agreement – Page 2**



EVENT NAME: \_\_\_\_\_

EVENT DATES: \_\_\_\_\_

EVENT LOCATION (Do not use a PO Box): \_\_\_\_\_

\_\_\_\_\_ ADDRESS \_\_\_\_\_

\_\_\_\_\_ STATE \_\_\_\_\_

\_\_\_\_\_ ZIP \_\_\_\_\_

EVENT DESCRIPTION (Including types of races or events, ie, classic, half pipe, GS, dual slalom, free style, all mountain race, fundraiser, ski movie, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

ADDITIONAL INSURED (S)  
Legal Name and Mailing Address and email address

RELATIONSHIP TO THE EVENT: (i.e. Host Resort)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

EVENT ORGANIZER/CONTACT PERSON: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

TELEPHONE: (\_\_\_\_) \_\_\_\_\_ FAX: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

It is agreed between the parties hereto that the U.S. District Court for the District of Utah shall have exclusive jurisdiction for any dispute arising from this Agreement. This Agreement shall be interpreted under the laws of the state of Utah.

I have included payment of \$\_\_\_\_\_ for sanctioning for this event.

WE AGREE TO ALL THE TERMS OF THIS EVENT SANCTIONING AGREEMENT and understand that failure of the organizer or host resort to meet these USTSA sanctioning requirements, including but not limited to providing a safe venue or submittal of waivers and results in required timeframe, may result in USTSA not sanctioning future events with this organizer or venue.

Organizer \_\_\_\_\_ Date \_\_\_\_\_

USTSA Events Director \_\_\_\_\_ Date \_\_\_\_\_

## UNITED STATES TELEMAR SKI ASSOCIATION

### **WARNING, ASSUMPTION OF RISK, RELEASE OF LIABILITY & INDEMNIFICATION AGREEMENT**

**PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY & WAIVER OF LEGAL RIGHTS.**

**1. Definitions.** The person taking part in training, competition, racing, coaching, teaching or volunteering shall be referred to hereinafter as "Participant". "Undersigned" means only the Participant when the Participant is age 18 or older OR it means both the Participant and the Participant's parent or legal guardian when the Participant is under the age of 18. "Released Parties" mean United States Telemark Ski Association ("USTSA") or any of its respective successors in interest, affiliated organizations and companies, insurance carriers, agents, employees, representatives, assignees, officers, directors, members, and shareholders; the ski area operator; and the U.S. Forrest Service. "Activity" means taking part in Telemark skiing, Alpine Skiing, Snowboarding, participating in activities of the USTSA and using the ski area facilities, including the lifts, for any purpose.

**2. Risks of Activity.** The Undersigned agree and understand that taking part in the Activity can be HAZARDOUS AND INVOLVES THE RISK OF PHYSICAL INJURY AND/OR DEATH. The Undersigned acknowledge that the Activity is inherently dangerous and fully realize the dangers of participating in the Activity. The risks and dangers of the activity include, but are not limited to: falling; slick or uneven surfaces; surface and subsurface snow conditions; bumps; moguls; ice; variations in terrain; rugged mountainous terrain; downed timber; stumps; tree wells; forest growth; rocks; debris; marked and unmarked obstacles; man-made objects; lift towers; terrain park features and elements; visibility; collisions; encounters with snowmobiles and/or other motor vehicles; lift loading, unloading, and riding; adverse weather; avalanches; limited access to and/or delay of medical attention; fatigue; exhaustion; dehydration; hypothermia; high elevation; altitude sickness; frostbite; mental distress from exposure to any of the above; and negligence of others. THE UNDERSIGNED ACKNOWLEDGE AND UNDERSTAND THAT THE DESCRIPTION OF THE RISKS LISTED ABOVE IS NOT COMPLETE AND THAT PARTICIPATING IN THE ACTIVITY MAY BE DANGEROUS AND MAY INCLUDE OTHER RISKS.

**3. Duties of Participant.** The Participant assumes the responsibility of maintaining control at all times while engaging in the Activity. Participant is responsible for reading, understanding and complying with all signage, including instructions on use of lifts. Participant must have the physical dexterity and knowledge to safely load, ride and unload the lifts. Participant acknowledges that he/she has the physical dexterity and knowledge to safely load, ride, and unload the lifts. Participant assumes the risks of riding the lifts and engaging in activities accessible from the lifts. Further, the Undersigned understand that a minor Participant may use the ski lifts without an adult present. Participant acknowledges that snowmobiles, snowmaking, snow-grooming equipment and/or other motor vehicles and equipment may be encountered at any time. Participant agrees never to use any run, course or facility for any training, practice, coaching, teaching, volunteering, or competition without first conducting my own visual inspection. Participant agrees to follow all rules and procedures of the Activities, and to always wear and use appropriate ski and safety equipment.

**4. Release, Indemnification, and Assumption of Risk.** In consideration of the Participant being permitted to participate in the activity, the Undersigned agree as follows:

(a) Release. THE UNDERSIGNED HEREBY IRREVOCABLY AND UNCONDITIONALLY RELEASE, FOREVER DISCHARGE, AND AGREE NOT TO SUE OR BRING ANY OTHER LEGAL ACTION AGAINST THE RELEASED PARTIES with respect to any and all claims and causes of action of any nature whether currently known or unknown, which the Undersigned, or any of them, have or which could be asserted on behalf of the Undersigned in connection with the Participant's participation in the Activity, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract.

(b) Indemnification. The Undersigned hereby agree to indemnify, defend and hold harmless the Released Parties from and against any and all liability, cost, expense or damage of any kind or nature whatsoever and from any suits, claims or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant's participation in the Activity. Such obligation on the part of the Undersigned shall survive the period of the Participant's participation in the Activity.

(c) Assumption of Risk. The Undersigned agree and understand that there are dangers and risks associated with the participation in the Activity and that INJURIES AND/OR DEATH may result from participating in the Activity, including, but not







## **Competitor Responsibility Code**

All Competitors will conduct themselves in a sportsmanlike manner and are responsible for their actions while attending USTSA events. Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, and the skiing and snowboarding public, the use of courtesy and good manners, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs. Failure to adhere to the Responsibility Code or the Competition rules may result in disqualification from the event.

## **Medical Insurance**

*Participants in USTSA sanction events must have their own medical insurance coverage.*

## **Rules of Competition (These are a few of the key rules, see the USTSA Competition Guide for a complete set of rules)**

### **7.1 Safety**

- 7.1.1 Helmets designed and manufactured for the particular discipline of ski racing being contested are required for all competitors and forerunners in all USTSA events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS98. Competitors should wear helmets that cover the head and ears (hard ear covering) and do not have spoilers or edges that stick out. Competitors in the Expert classification must wear helmets that cover the head and ears (hard ear covering). Helmets with spoilers or edges that stick out are not permitted in the Expert classification. Protective features integral to the discipline being contested, such as chin guards on slalom helmets are permitted.
- 7.1.2 Other safety equipment such as back braces, knee pads or padded gloves may be worn at the competitor's discretion.

### **6.2 Telemark Turn Rule**

- 6.2.1 All turns are to be executed in the Telemark technique.
- 6.2.2 Definition of the Telemark technique.
  - 6.2.2.1 The inner ski must be the hindmost ski. The distance between the tip of the inner boot and the heel of the outer boot must be at least one boot length, measured in the direction of the ski.
  - 6.2.2.2 The heel of the inner ski must be clearly lifted from the ski
  - 6.2.2.3 The turns must be linked together in one single, uninterrupted movement from one Telemark turn to the next. At all times there must be at least one boot length between the tip of the inner boot and the heel of the outer boot unless the next turn is being executed.
- 6.2.3 The competitor himself decides where to execute the turn in relation to the gate.
- 6.2.4 Skating steps are permitted as long as the rules in article 6.2.2 are adhered to.
- 6.2.5 To start a turn in the Telemark technique and end it as a parallel turn, or vice versa, is not allowed.
- 6.2.6 Falling through a gate or passing through a gate on one ski only, is a penalty, finish gate excepted.

### **6.3 Penalty**

- 6.3.1 The racer shall be assessed a one second penalty for each gate not negotiated in a correct Telemark turn.
- 6.3.2 Only one penalty may be given per gate for each racers run.
- 6.3.3 It is the gate judge's responsibility to decide whether these turning criteria have been met by each racer, through each of their gates.

- 6.3.4 Because the gate judge's decision is final and indisputable, the gate keeper should be sure that an infraction has occurred before recording a penalty on the gate judging card.
- 6.3.5 If there is any doubt as to whether, or not, a competitor has met one of the 3 turn-rule criteria, the racer should not be penalized.

## 7.3 Inspections

- 7.3.1 The competitors inspect the course on skis with bibs visible, slowly side-slipping or slowly snowplowing along the course, only. Any other movement through the gates is illegal and will result in disqualification.
- 7.3.2 Shadowing the course, either next to the gates or above the gates, while matching the courses rhythm is illegal and will result in disqualification.
- 7.3.3 The jury may disallow sliding through the gates.
- 7.3.4 The Jury may disallow any skiing on the race trail. Noose, jump, and moguls, etc., are part of the course and inspect able.
- 7.3.5 The jump must be open for practice during inspection. The competitor must execute one practice jump. A competitor who fails to make a practice jump must be disqualified.
- 7.3.6 The jump must be open long enough to allow time for each competitor to practice jump at least once. The jury decides the maximum number of practice jumps.
- 7.3.7 If the same course is used for both runs and it is necessary to move some of the gates, the competitors shall have an inspection before 2nd run.
- 7.3.8 The time reserved for inspections must be sufficiently long enough to allow the competitors two inspections. 45 minutes for Giant Slalom, and Slalom, and 60 minutes for Classics are the minimum.

## 6.1 Gates

- 6.1.5 Correct passage of gates occurs when both the competitor's ski tips and both feet have passed across the gate line. This rule is also valid when a competitor has to climb back up to a gate.
  - 6.1.5.1 The gate line in Giant Slalom, Sprint Classic, Parallel Sprint Classic and Classic, where a gate consists of two pairs of poles holding banners between them, is the imaginary shortest line between the two inner poles at snow level. Where a gate consists of a single pair of poles holding a banner between them, the gate line is the imaginary shortest line between the inside two turning poles.
  - 6.1.5.2 The gate line in single gate SL is the imaginary shortest line between the inside turning poles. In a single pole slalom set the gate line is the imaginary shortest line between the two turning poles.
  - 6.1.5.3 In the event that a competitor removes a pole from its vertical position before both of the competitors ski tips and both feet have passed the gate line, the ski tips and feet must still pass the original gate line (marking in the snow).
  - 6.1.5.4 If a racer misses a gate, he may climb back to the gate, either around the outside of the gate and then through the gate or climb up between the gate poles, crossing the "gate line", turning and then skiing through the gate. Both competitors' feet must pass across the gate line heading down the hill.
    - 6.1.5.4.1 In a single gate set, if the racer has not correctly passed the imaginary line from inside turning pole to inside turning pole and does not follow the natural race line, then he has climb back up and pass around the missed gate.
    - 6.1.5.4.1 In a single pole set often used in Slalom races, if the racer has not correctly passed the imaginary line from turning pole to turning pole and does not follow the natural race line, then he has to climb back up and pass around the missed turning pole.

- 6.1.5.5 Failure of correct passage of any gate shall result in a disqualification recorded by that gatekeeper or official.
- 6.1.6 Failure of correct passage of any gate shall result in a disqualification recorded by that gatekeeper or official.
- 6.1.7 It is not allowed to change competition equipment during the race, with the exception of broken pole(s).

## 6.6 Jumps

- 6.4.2 Racers must clear their respective gender distance lines or be assessed a three second penalty in Giant Slalom, Sprint Classic and Classic events.
- 6.4.3 The minimum limit for jump distances should be set, by the TD with the Jury, so that 20-40% of the competitors reach it.
- 6.4.4 Jump distances shall be judged anywhere between the two boots.
- 6.4.5 All jumps must be landed in a Telemark position. Landing with parallel feet is allowed if the racer, directly at impact, executes an uninterrupted movement into the Telemark position. Otherwise, a one second penalty will be added to the total time of the competitor.
- 6.4.6 If the racer falls while landing, they will be assessed a one second penalty for not landing in a Telemark position.
- 6.4.7 A racer falling in the jump will also be assessed any penalties for failure to make the distance lines, unless they clear the lines with their front boot.

## 6.5 Noose, 360° Turn or Reipelykkje

- 6.5.1 Noose areas are “free”, and do not require a Telemark style turn. Judges watch to make sure that the racer obeys the Telemark Turn Rule until they have crossed the marked line preceding the noose. From the marked line entry into the Noose, and around the Noose, and until they cross a marked line before the next turning gate, the racer may ski in any style.

## 6.6 Super-Tele

- 6.6.1 In Telemark Classic events, there may be sections of the course that are designated as Super-Tele, which means that the racers are only required to hold a Telemark Turn position while they are turning and are free to ski in any technique in-between the turns. Once again, please note that the racer may turn anywhere they want relative to the gate. So, in Super-Tele sections, the competitor may turn above, at, or below the gate in a Telemark Turn, and may ski in any technique when in-between turns, so long as they go through all of the gates and make all turns in Telemark form.

## 6.7 Nordic

- 6.7.1 The cross-country sections of classic events are “free”. There is no ski style requirement. The racer must only stay in bounds and complete the cross-country section entirely.

## 5.2 Start

**5.2.5.4 Delayed starts:** A competitor who is not ready to start on time shall be disqualified. The start referee may, however, excuse a delay caused by legitimate reasons. Other reasons shall not be accepted. In case of doubt, the start referee may allow a start provisionally.

## 5.3 Finish

### 5.3.2 For a valid finish, the racer must

- 5.3.2.1 Cross the finish line on both skis.
- 5.3.2.2 With one or both feet without skis if the loss of skis was caused by a fall at or after the last gate immediately before the finish and the racer fell through the finish during the fall.
- 5.3.2.3 If a racer loses a ski during the race, the racer will be disqualified and must exit the course
- 5.3.2.4 The finish line may only be crossed once. Once crossed, the racer is through with the run.

# United States Telemark Ski Association MEMBERSHIP FORM



Name:

Address:

Phone:

Birthdate:

Email:

| Membership Type   | Before Oct 1 | After Oct 1 |
|---|--------------|-------------|
| <b>Voting Membership (no points)</b>  | <b>\$30</b>  | <b>\$45</b> |
| <b>Competitive Membership</b><br>(Required Membership to race Expert at Nationals)                                | <b>\$60</b>  | <b>\$90</b> |
| <b>Junior Membership</b> (14 and under)   | <b>\$20</b>  | <b>\$20</b> |
| <b>Alumni Membership</b><br>(Alumni US Team members, voting privileges,<br>not eligible to race elite, no points) | <b>\$20</b>  | <b>\$20</b> |
| <b>Supporting Member</b> ,<br>(no voting privileges)  | <b>\$20</b>  | <b>\$20</b> |

Make checks payable to:

USTSA  
c/o Wioleta Fedeczko - Treasurer  
2288 Alaska Avenue  
Provo, UT 84606

Are you a returning member from last year?    **YES**    **NO**  
If yes, what was your membership number?

**I understand that USTSA does not provide any medical insurance for its members.**

USTSA strongly recommends that all members carry their own medical insurance. As a member, I authorize **USTSA** to obtain medical care for, or transport me to a medical facility or hospital if, in the opinion of **USTSA**, medical attention is required, and I am unable to make such a decision for myself. **I agree to pay all costs associated with such medical care and related transportation without rights of subrogation.**

If the member is under the age of 18 the **Parent** agrees to pay all medical bills incurred by the minor and waives all rights of subrogation against **USTSA**.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature if member is under age 18: \_\_\_\_\_



Sample



EVENT: Sprint Classic  
 DATE: 4/5/08

GATE KEEPER NAME: Hobbs FIRST NAME: Linda  
 RUN NUMBER: men ① Mobile Phone: 406-222-4444

**GATES**

#17 is not listed because this racer did not pass through my gates. He fell and skied off the course before my gates.

| BIBS | GATE # | GATE # | GATE # | GATE # | GATE # | GATE # | TOTAL | DRAW DISQUALIFICATION |
|------|--------|--------|--------|--------|--------|--------|-------|-----------------------|
| 1    |        |        |        |        |        |        |       | OBLIGATORY            |
| 2    |        |        | X      |        |        |        |       | BIB # GATE #          |
| 3    |        |        |        |        |        |        |       |                       |
| 4    |        |        |        |        |        |        |       |                       |
| 5    |        |        |        |        |        |        |       |                       |
| 6    |        |        |        |        |        |        |       |                       |
| 7    | X      |        |        |        |        |        |       |                       |
| 8    |        |        |        |        |        |        |       |                       |
| 9    |        |        | DQ     |        |        |        |       | BIB # 9 GATE # 6      |
| 10   |        |        |        |        |        |        |       |                       |
| 11   |        |        |        |        |        |        |       |                       |
| 12   |        |        |        |        |        |        |       |                       |
| 13   |        |        |        |        |        |        |       |                       |
| 14   |        |        |        |        |        |        |       |                       |
| 15   |        |        |        |        |        |        |       |                       |
| 16   | X      | X      | X      | X      |        |        |       | BIB # GATE #          |
| 18   |        |        |        |        |        |        |       |                       |
| 19   |        |        |        |        |        |        |       |                       |
| 20   |        |        |        |        |        |        |       |                       |
| 21   |        |        | X      |        |        |        |       |                       |
| 22   |        |        |        |        |        |        |       |                       |
| 23   |        |        |        |        |        |        |       |                       |

No more than one penalty per gate  
 Three mistakes that cost a penalty: 1) Boot space 2) Heel position 3) Telemark transition  
 Fall does not cost a penalty. It is considered as a fall when shoulders and/or hips touch the floor/ground.







| Location                |                |            |       |        | Date           |              |              |          |              |              |                 |
|-------------------------|----------------|------------|-------|--------|----------------|--------------|--------------|----------|--------------|--------------|-----------------|
| Event                   | Sprint Classic |            |       |        | Name of the TD |              |              |          |              |              |                 |
| Place                   | Last Name      | First Name | Bib # | USTSA# | 1st Run        | Jump Penalty | Gate Penalty | 2nd Run  | Jump Penalty | Gate Penalty | Total           |
| <b>Women's Elite</b>    |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 2                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 3                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 4                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 5                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 6                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 7                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 8                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 9                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Men's Elite</b>      |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | <b>00:00.00</b> |
| 2                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 3                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 4                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 5                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 6                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 7                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 8                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 9                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 10                      |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| 11                      |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Men's Junior 1</b>   |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Women's Junior 1</b> |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Men's Junior 2</b>   |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Women's Junior 2</b> |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Women's Citizen</b>  |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |
| <b>Men's Citizen</b>    |                |            |       |        |                |              |              |          |              |              |                 |
| 1                       |                |            |       |        | 00:00.00       | 0.00         | 0.00         | 00:00.00 | 0.00         | 0.00         | 00:00.00        |

## USTSA Race Results Master (Minutes Input) Instructions

These forms are designed to allow a race organizer to record racer times and penalties for the purpose of determining the race winner. Race organizers do not need to calculate race penalties or USTSA points. These calculations will be done by USTSA officials after the race is completed and all required documentation is turned in.

**Race points will not be calculated if the required documentation is not provided to USTSA, without exception.**

To complete the forms:

Select the tab for the appropriate race

Enter Location, Date and Name of TD at the top of the form

Enter the racer information by category and sex. Please enter Last Name, First Name and Bib # in separate columns. You may enter the USTSA # if available, but it is not required

For each run, enter the times in minutes:seconds.hundreds format. This is the way most race time systems provide the times.

If the time is less than one minute, you need to enter a leading 0: to make the calculations work.

Enter the jump penalty and gate penalty as integers. For example, a racer has 3 penalties for the jump penalty and 2 gate penalties.

Enter 3 in the jump penalty column and 2 in the gate penalty column

Follow the same procedures for the second run. Note that the classic is only one run.

The work sheet will total the times and penalties in the total column.

The racer with the lowest total by category and sex is the winner.

The event points column and the overall results tab on this worksheet can be used if a race organizer wants to name an overall winner for an event which included several races. This is always done at the US National Championships and is sometimes done at other events. Instructions for this process can be found in Section 2500 of the USTSA Competition Guide and Organizer Guide.

| <b>USTSA Race Event Planning Worksheet</b>   |                  |                    |              |               |
|--|------------------|--------------------|--------------|---------------|
| <b>Responsibilities of Race Organizer, Host Resort, and Other Participants</b>   |                  |                    |              |               |
| Following is a list of jobs or responsibilities needed to successfully organize a sanctioned Telemark Event. Some events are simple 1 day races with minimal awards and no food or beverage involved. Other events such as US Nationals are 2-4 day events and require lodging packages and often include a banquet and more elaborate awards ceremony. Responsibility for the following list of functions should be established early in the discussions between the Race Organizer and the Host Resort. Place either an X in the column to indicate who is responsible for each function or if the name of the person responsible is known, enter their name in the appropriate column. If there are costs associated with a function, note them in the "cost" column. |                  |                    |              |               |
| <b>Function</b>  | <b>Organizer</b> | <b>Host Resort</b> | <b>Other</b> | <b>Costs?</b> |
| USTSA Sanctioning/Insurance Form and \$  | X                |                    |              | \$250         |
| Poster/Advertising/Media   |                  |                    |              |               |
| Registration - Advance   |                  |                    |              |               |
| Registration - Day of event  |                  |                    |              |               |
| Grooming, including jump and rap   |                  |                    |              |               |
| Dye for penalty lines and jump   |                  |                    |              |               |
| Safety Netting and Fencing   |                  |                    |              |               |
| Gates/Panels Provided by   |                  |                    |              |               |
| Yellow Panels Provided by  |                  |                    |              |               |
| Course Setting   |                  |                    |              |               |
| Snow Prep - Slipping, chemicals  |                  |                    |              |               |
| Course Removal   |                  |                    |              |               |
| Timing - Electronic  |                  |                    |              |               |
| Timing - Hand  |                  |                    |              |               |
| Results - Time plus penalties  |                  |                    |              |               |
| Results - posted in finish area  |                  |                    |              |               |
| Announcer  |                  |                    |              |               |
| Chief of Race  |                  |                    |              |               |
| TD   |                  |                    |              |               |
| Chief of Course  |                  |                    |              |               |
| Judging - Head Judge   |                  |                    |              |               |
| Judging - recruit volunteers   |                  |                    |              |               |
| Judging - jump judge   |                  |                    |              |               |
| 1st aid/ ski patrol available  |                  |                    |              |               |
| arrangements for volunteers  |                  |                    |              |               |
| lunches?   |                  |                    |              |               |
| ticket vouchers?   |                  |                    |              |               |
| Awards - Venue   |                  |                    |              |               |
| Awards - Podium  |                  |                    |              |               |
| Awards - microphone  |                  |                    |              |               |
| Awards - gifts/medals/\$, etc  |                  |                    |              |               |

# USTSA Race Event Planning Worksheet

## Finances

Use this worksheet to estimate your costs and your income and to determine what you need to charge as a registration fee for your race.

|  | \$  |
|--|---|
| ESTIMATED COSTS  |   |
| USTSA Sanctioning Fee  | <u>\$250.00</u>   |
| Host Mountain Fees   | _____   |
| T-Shirts   | _____   |
| Awards Prizes/Medals   | _____   |
| Awards Venue   | _____   |
| Awards PA/Microphone   | _____   |
| Awards Food & Beverage   | _____   |
| Poster/Publicity   | _____   |
| Other  | _____   |
| Other  | _____   |
| Other  | _____   |
| Other  | _____   |
| TOTAL ESTIMATED COSTS  | <input style="width: 80px; height: 20px;" type="text"/> |
| <br>   |   |
| ESTIMATED INCOME   |   |
| Sponsorships/Donations   | _____   |
| Award Banquet Tickets  | _____   |
| Other  | _____   |
| INCOME W/O REGISTRATION FEES   | <input style="width: 80px; height: 20px;" type="text"/> |
| <br>   |   |
| Racer Fees   |   |
| (net of subtotal income and costs)                                       | <input style="width: 80px; height: 20px;" type="text"/> |
| <br>   |   |
| Racer Fees (from above)  | _____   |
| Estimated number of racers   | _____   |
| Registration Fee   | <input style="width: 80px; height: 20px;" type="text"/> |
| Racer Fees divided by number of racers equals registration fee per racer |   |

## **Course Setting for Telemark Races**

By Tory Hauser, USTSA Events Director

There has been a major change in the way that modern alpine race courses are being set due to changes in equipment and the use of more shaped skis. This change is also affecting the way telemark courses are set since most setters have an alpine background. Unfortunately the difference in the turning radius of alpine skiers and telemark skiers has grown farther apart with the use of today's skis and utilizing modern alpine courses does not make a telemark racer look proficient as they skid, steer and chatter down the hill. It has become much easier for an alpine racer to load the tips of their skis and utilize that pressure to initiate a clean, tight arc. Even though telemark racers are using the same racing skis as their alpine counterparts, the inability to generate the same tip pressure and the need to keep the body position farther back to maintain a proper telemark, makes carving the same arc impossible. Therefore a telemark race course should be set with less offset than an alpine course given similar hill characteristics.

### **How to set the turning section of a telemark race course**

The GS courses and GS sections of the Classic and Sprint Classic should follow the basic rules for gate to gate distance as is used in alpine courses. The distance between gates should be 22-28 meters vertically with 25 meters being ideal for telemark racing. I always measure when setting a course and have found some of the best setters also measure. Course setting is an art unto itself and it takes lots of practice to become good at it. I have witnessed some very excellent course setters who are so naturally talented that they never have to measure, but these people are the exception, not the rule. I set a GS course using my 183 skis and use 14 ski lengths to come up with a 25 meter set. As a general rule the offset should be 5-7 meters horizontally. Last year at some of the World Cup races we were seeing offset as much as 9-10 meters without extending the gate to gate distance. This causes huge chatter marks to develop as racers struggle to get across the hill and in many cases racers fall down or lose a ski in the process. These sections were typically set on the steeper pitches or just as the course changes from a flatter to a steeper section. A course set like this also makes the telemark racer look bad as they struggle to hold the telemark turn and not get a penalty. These were some of the best racers in the world, not novices with little course inspection experience or tactical prowess. A well-set course will allow the racer to push their limits while still maintaining the elegance and fluidity that the telemark is known and judged for. The offset should always vary depending on the pitch of the hill and should still be enough to challenge the entire field. It should also be used to control speed so that a course is not deemed dangerous. It is important to set rhythmic sections as well as changing the rhythm to match the terrain.

For the telemark coach, it is important to measure the courses that are being set and watch what the different sets do to your athletes. That way the telemark racer will become more aware of what they can do tactically at a given race section, become more confident by understanding the set and attack the hill.